EMOTIONAL INTELLIGENCE

Emotional intelligence is the capability of individuals to (a) recognize their own emotions and that of other's, (b) discern between complex feelings and label them appropriately, (c) use emotional information to guide unbiased thinking and optimal behavior, and (d) manage emotions to achieve goals and master environmental adaptation.

Self Awareness
Cause & Effect
Self Appreciation

Consciousness
& Assertiveness
Emotional Identification

Self-Control & Discipline
Goal Performance
Integrity & Honesty

Conflict Management
& Negotiation
Teamwork
& Collaboration

Positive Psychology
& Motivation
Creativity & Flexibility

SELF-RECOGNITION

SELF-MANAGEMENT

EMOTIONAL INTELLIGENCE

SOCIAL MANAGEMENT

SOCIAL RECOGNITION

Developing Relationships
Leadership & Influence
Change Catalyst
& Response

Situational Awareness
Interpersonal
Development

Empathy & Sensitivity
Service & Benevolence
Holistic Communication

An intuitive, five section layout with infographics comprise this robust 32-page report.

Variable and detailed, user-specific data spans each of the four EI Quotient sections + 20 sub-categories.

In addition to quantitative scoring and qualitative analysis, the 20 sub-categories include prescriptive recommendations for development.